

September 2009

September 19th Speaker Lilia Smith

Lilia has severe-to-profound hearing loss, a condition she's had since birth, has dealt with severe frustration both at home and work. She clearly remembers where she has struggled to the point where she would be overwhelmed and exhausted by the end of the day. She had lacked the coping strategies and practical knowledge to deal with her challenges efficiently both at work and in her personal life. But then she became a member of the Hearing Loss Association (HLA) of Snohomish County and all that changed. When she first joined the group she was very quiet, lacked confidence and self-esteem and struggled in communicating with people. Today she is thriving in both her personal and work life. She has a better understanding of what she requires to meet her needs in communicating with others. These opportunities have greatly enhanced her leadership skills both professionally and personally.

Lilia is currently serving as Vice President of the HLA-WA and is past president of HLA of Snohomish County. Over the years, she has served as a Trustee and has held several leadership positions in HLA of Snohomish County. She loves to participate in leadership roles and educate others on hearing loss at her workplace, The Boeing Company. She will be celebrating her 30th year anniversary with Boeing next month. Lilia lives in Camano Island with her husband Jeff and 2 Australian shepherd dogs, Abby and Baby. She enjoys spending times camping, reading, dancing and with her grandchildren.

One important saying she heard that she keeps in her mind is it's best for all of us working together to solve some of life's most difficult challenges and to go on the journey together. She hopes to see you at the meeting and would love to hear you share your tips you may have with care of your hearing aids, assistive equipment, and ears.

The "THIRD" Saturday
11:00 am—1:00 pm
Light refreshments,
coffee, along with hot water for tea and hot
chocolate will be served.

Providence Regional Medical Center Everett
916 Pacific Avenue, Everett, WA



in the Monte Cristo Room ABC
Across from the Cafeteria

Texting 9-1-1

Washington State Military Department,
Emergency Management Division,
Camp Murray, Washington

Has announced that the state's 911 system cannot handle text data. (SMS, email, instant messaging) If you need to call 911 you use voice communication. (Telephone or cell phone) be ready to give your name, location and type of emergency

.ODHH Symposium: Past, Present, and Future

DSHS Headquarters in Olympia, Washington will be celebrating the founding of ODHH 30 years ago. There will be talk about your community needs. DSHS representatives will be there. They will have an open house so you can tour the ODHH office. For more information go to: <http://odhh.dshs.wa.gov>

Check out our website

At www.snocohearingloss.org we have a new webmaster, Peggy Overbey. She is doing a great job working on our website. Thank you a bunch Peggy for all the updating and additions you have done. Even though she and her husband are relocating to Florida Peggy has promised to continue helping us.

Did you know?

If you do not have a computer you can go to any of the Sno-Isle Libraries (except city of Everett Library) and use their public computers to read our newsletters and view our websites in **color**. Assistance will be provided if you are not familiar with computers.

**EXCITING NEWS
ABOUT
REGISTRATION FOR
HLAA CONVENTION
2010**

Register for the full activity package by December 31, 2009, and your name will go into a drawing for **3 FREE** nights at the Hilton Milwaukee City Center! (Yes that's right, **3 FREE NIGHTS!** Must be used on the nights of June 17 -19, 2010; taxes are the responsibility of the winner.)

For first-time attendees, we are offering a registration discount. That's right, if you've never been to an HLA A convention before, now's your chance!

Registration for Convention 2010 will open at the end of October; early bird registration will close on December 31, 2009. Stay tuned for details!

**Mark your calendar so you
won't miss a meeting**

September 19 General Meeting

Speaker: Lilia Smith

Topic: Care of ears, hearing aids and assistive devices.

September 26 Virginia Mason's Listen for Life Ben Gilbert Community Conference (See next page)

September 30 "Emergency Responders and the Deaf and Hard of Hearing Community: Taking the First Steps to Disaster Preparedness" Pierce County Emergency Operations Center, Tacoma 8:00am-5:00pm Registration deadline is September 23, 2009. More information at 9/19/ 2009 General Meeting.

October 17 General Meeting

Speaker: Barney Fleming PhD, ATP

Topic: The recent ADA Amendment

November 13, 2009 Washington (state) Dept. of Social and Health Services Office of the Deaf & Hard of Hearing: Symposium and Open House

November 21 BINGO!

Come, bring your money. Bring your friends. Bring your friends money! Bring family. This year will be even better than last.

December 19 General Meeting

Discussion of Coping with Holiday Stress When Hearing Impaired

NEWS FLASH

Sort-a

READ ALL ABOUT IT

The Ben Gilbert Community Conference at Virginia Mason Medical Center

Lindeman Pavilion Level 1, Volney Auditorium
1201 Terry Avenue, Seattle, Washington 98101

September 26, 2009 at 8:30 a.m. - 12:30 p.m. Free

Please pre-register by 9/22/09

(Registration begins at 8: 30 a.m. Conference starts at 9a.m.)

The Listen For Life Center is proud to present key-note speaker: **John Waldo**, Advocacy Director and Counsel, Founder of Washington State Communication Access Project (Wash-CAP)

John Waldo, a Bainbridge Island attorney, has combined his professional expertise and life experience by advocating for the interests of those with hearing loss. John has a strong personal interest in the legal rights of the HOH. He has a moderate-severe binaural hearing loss, wears hearing aids, and employs a variety of coping strategies in his daily life. In addition to his work with Wash-CAP, John advocates for the unique legal needs of individuals who are HOH or Deaf in areas such as education, employment and public or private insurance matters.

Bring your questions! Visit www.washcap.com for more information on Wash-CAP and John Waldo.

Also at the Ben Gilbert Community Conference, learn more about: Hearing Loss Advocacy Groups, Bilateral Cochlear Implants, Cochlear Implant accessories, Baha® (bone-anchored cochlear stimulator), assistive listening devices, and the latest in hearing aid advancements!

ASL, CART, and FM will be provided (For FM, please bring your own neck-loop if you have one).

Continental breakfast and mid-morning refreshment provided.

For up-to-date information visit www.vmmc.org/listen.

To RSVP online
<https://www.virginiamason.org/home/body.cfm?xyzpdqabc=0&id=157®istration=true&action=detail&ref=1393>

B.G.C.C. REGISTRATION

Name: _____

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

*All registration confirmations will be sent by e-mail unless you otherwise state you prefer it by regular mail.

or Email registration information to:
Isnforlife@vmmc.org or Call/ Fax in registration information to:
Phone: 206-223-8802 TTY: 206-223-6362
Fax: 206-223-2388

or Mail registration information to:
The Listen For Life Center
1100 9th Avenue, P.O. Box 900,
MS X10-AU, Seattle, WA 98111

****NEW****: You do not need to pay/pre-pay for parking **if you park in Virginia Mason Main Campus Garages**. When you arrive on Sept 26th, just let us know which garage you parked in and we will cover the parking fee for you. We are not responsible for parking fees in garages/lots other than Virginia Mason Main Campus Garages.

Directions and parking areas can be found at: www.vmmc.org. (Click on Locations, then Seattle Main Clinic/Hospital, then Parking at Seattle Main Clinic.) Note: No elevator at Ninth Avenue Garage. Also, Lindeman Pavilion Garage is the most convenient but note: this garage fills FAST! IGNORE GARAGE ENTRY SIGNS SAYING "NO EVENT PARKING".

